



**GutLife**<sup>®</sup>  
SUPERFOODS

# KOMBUCHA



**THE WONDER PROBIOTIC BEVERAGE THAT  
CLEANSES, DETOXIFIES, HEALS AND ENERGIZES**



# OUR PHILOSOPHY

**'OUR FOOD SHOULD BE OUR MEDICINE  
&  
OUR MEDICINE SHOULD BE OUR FOOD'.**

**~ HIPPOCRATES**

**KOMBUCHA**

NATURAL HEALTHY FERMENTED DRINK

← WAY TOWARDS DIGESTIVE HEALTH →



# **GUT ESSENTIALS FOOD AND BEVERAGES LLP**

## **About Us:**

We are a health enthusiast with primary focus on betterment of our GUT Health and Over All Body Metabolism through our well designed, formulated and handcrafted Natural Probiotics and Superfoods products and services

## **Vision:**

Betterment of our Gut Health and Overall body metabolism, Naturally!

## **Mission:**

Help and guide people from unhealthy, non-nutritious food stuffs and offer natural, healthy, nutritious and tasty Probiotics and Superfoods products made with selected finest natural ingredients, processed in highest hygenic and safety conditions to maintain its naturalness & health.

## **KOMBUCHA**

NATURAL HEALTHY FERMENTED DRINK

← WAY TOWARDS DIGESTIVE HEALTH →



Our Guts Bacteria Plays A Major Role In  
A Good Or Bad State Of Our Overall Health

Hence,

It's Essential To Build Strong Digestive System

To Stay Away From Diseases

& For That

**PROBIOTIC OR FUNCTIONAL OR FERMENTED FOOD**

Is The Best Natural And Healthy Option.

**GutLife<sup>®</sup>** Simply Means,  
**'Life in Our Gut!'**



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# FACTORS AFFECTING OUR GUT

## 1. ENVIRONMENTAL FACTORS



SOIL POLLUTION



AIR POLLUTION



WATER POLLUTION

## 2. DIET



CARBONATED DRINKS



JUNK FOODS



PRESERVATIVE JUICES



CONCENTRATED SPORTS DRINKS



HIGH SUGAR INTAKE

## 3. LIFESTYLE HABITS



FAST FOODS



SMOKING & DRINKING



LATE NIGHTS



INSUFFICIENT SLEEPS



UNUSUAL EATING TIMINGS



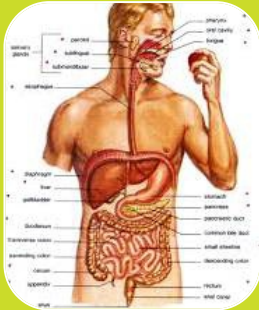
NO EXERCISE

# KOMBUCHA

NATURAL HEALTHY FERMENTED DRINK



# IMPACT OF THOSE FACTORS



**LEAKY GUT**



**OBESITY**



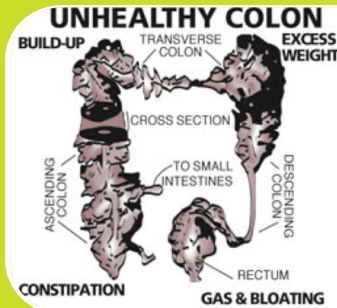
**HEART ATTACK**



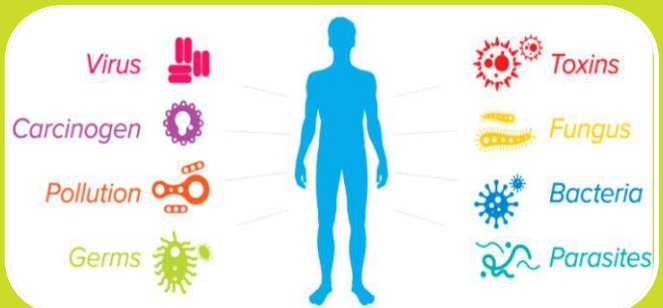
**CANCER**



**JOINT PAIN**



**UNHEALTHY DIGESTION**



**LOW IMMUNITY**



**TOOTH DECAY**



**LOW ENERGY LEVELS**



**SKIN PROBLEMS**



**BAD MOOD**

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# SOLUTION?

## PROBIOTICS OR FERMENTED OR FUNCTIONAL FOOD

Gut Flora or Gut Microbiota refers to the micro organisms which present within the intestine of human body. These micro organisms present in the form of bacteria, fungi, archaea, viruses and protozoans etc with many different species of each bacteria. In some cases, these micro organisms weigh more than human cells hence directly linked with above types of diseases.

Due to above three major factors which impact the count and growth of these good bacteria, it is essential to maintain their require count in the Gut, thus intake of Probiotics or Fermented or Functional Food is essential and **Kombucha top that list.**

## KOMBUCHA

NATURAL HEALTHY FERMENTED DRINK



# WHAT IS KOMBUCHA?

KOMBUCHA is an East Asian ancient beverage, also called “Immortal Health Elixir” and used for more than 5000 years for different health and healing benefits. Kombucha is fermented drink with live colony of micro-organisms (Good Bacteria) which uses Natural Tea and Sugar as its Functional Food and creates Naturally Tangy, Fuzzy, Nutrient-Rich Non-Alcoholic beverage. Kombucha is great healthy alternative for your Concentrated, Carbonated, Sugary or Artificial beverages or even some juices.



## KOMBUCHA

NATURAL HEALTHY FERMENTED DRINK





# **TOP 10 REASONS TO ENJOY GutLife<sup>®</sup> KOMBUCHA**

## **1. CLEANSSES & DETOXIFICATION**

Powerful antioxidants help to detoxify the body and keep away from harmful diseases

## **2. HEALTHY DIGESTION**

High levels of Organic Acids, Enzymes and Probiotic supports digestion, prevent and heal stomach ulcers

## **3. IMMUNE SYSTEM STIMULATION**

With Anti-Oxidants, Vitamins & Minerals, maintains balance of good bacteria in our gut. Kombucha is been known to reverse some diseases, improve bowel movement, help digestion and improve immunity

## **4. CANCER PREVENTION**

High Glucaric Acid & Microbiomes helps prevent Cancer

## **5. CHOLESTEROL REDUCTION**

Reduce LDL Levels (Bad Cholesterol) & Improves HDL Cholesterol Levels (Good Cholesterol)

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# **TOP 10 REASONS TO ENJOY GutLife<sup>®</sup> KOMBUCHA**

## **6. ENERGY BOOSTER**

With Vitamin B & Iron increases Haemoglobin in blood, thereby enhancing oxygen flow

## **7. WEIGHT LOSS**

Natural Acids & Anti-Oxidants Improves Metabolism, burn fats and improve digestion

## **8. LUBRICATE JOINTS**

Natural source of compounds Glucosamine increases Hyaluronic acid in the body and helps protect and lubricate joints

## **9. PREVENT & REDUCE WRINKLES**

Improves skin tone, texture, fairness and may effectively lessens wrinkles and fine lines

## **10. MOOD ENHANCEMENT**

Contained Vitamins Help Battle Depression, Stabilize Mood & Enhanced Concentration

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# NUTRITIONAL VALUE OF GutLife<sup>®</sup> KOMBUCHA

NUTRITIONAL FACTS	PER 100ML
ENERGY	31.0 Kcal
CARBOHYDRATES	7.5g
SUGAR	7.0g
FAT	0g
PROTEIN	0g

WITH **BIG NO** TO ARTIFICIAL FLAVOURS, COLORS,  
PRESERVATIVES, CARBONATION OR CONCENTRATES

NOTE: DUE TO NATURAL FERMENTATION KOMBUCHA MAY HAVE 0.5% TRACES AMOUNT OF ALCOHOL

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# COMPARISON OF KOMBUCHA

BEVERAGES (250ML)	SUGAR	SALT	PASTURISED (DEAD RESIDUE)	ARTIFICIAL COLOR	ARTIFICIAL FLAVOUR	ARTIFICIAL PRESERVATIVES	ARTIFICIAL CONCENTRATES	ACIDITY REGULATOR	STABILIZER	CAFFEINE
Soft Drinks	5-7 tsp	YES	YES	YES	YES	YES	YES	YES	YES	YES
Sports / Energy Drinks	7-8 tsp	YES	YES	YES	YES	YES	YES	YES	YES	YES
Fruit Juices	4-5 tsp	YES	YES	YES	YES	YES	YES	YES	YES	YES/NO
Supplement's	5-7 tsp	YES	YES	YES	YES	YES	YES	YES	YES	YES
Milk Based Drinks	3-4 tsp	YES	YES/NO	YES	YES	YES	YES	YES	YES	YES/NO
<b>KOMBUCHA (Remained Sugar)</b>	1-2 tsp	NO	NO	NO	NO	NO	NO	NO	NO	<b>Least</b>

It Feels Good & Healthy Drinking 'KOMBUCHA' Daily!



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# FLAVORS

## ● HARMONY

### CLASSIC

ORIGINAL

### CITRUS

LEMON LIME

ORANGE TULSI

### HERBAL

LEMONGRASS

MINT

BASIL FENNEL

### FRUITY

PINEAPPLE DELIGHT

MANGO TURMERIC

STRAWBERRY ROSE

LYCHEE PEACH

### SPICY

GINGER

SPICE IT UP

## ● HOMAGE

### NUTS

NUTTY AFFAIR

### FRUITY

KIWI AMLA

POMEGRANATE TAMARIND

WATERMELON CHAT



**ORIGINAL KOMBUCHA**  
NET WT. 250ML  
GLASS BOTTLE

**MIX & MATCH COMBINATIONS  
WITH KOMBUCHA**

Juices, Lemon, Honey, Ginger, Mint,  
Fruits Or Herbs

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## CONTACT US

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- Visit us on;  
[www.gutlifesuperfoods.com](http://www.gutlifesuperfoods.com)
- Disclaimer on our web page

Please Note :

Pregnant, Lactating women and Child below 5 yrs or anyone with medical condition may check with registered medical practitioner before consuming this beverage.

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**GutLife**<sup>®</sup>  
S U P E R F O O D S

WAY TOWARDS DIGESTIVE HEALTH

**THANK YOU...**